winchester sport & physical activity newsletter

Welcome to the 3rd edition of the Winchester City Council Sport & Physical Activity Newsletter! We hope this newsletter will keep you updated on sport and physical activity opportunities within the district and provide you with up to date news and information!

latest news

- Free Swimming for Children to Continue this Summer throughout August at River Park Leisure Centre!
- Toynbee School Sports Partnership celebrates success at partnership primaries and secondary schools.
- Children inspired to achieve their personal best in the countdown to the London 2012 Olympic & Paralympic Games.

winchester sports awards 2010

We are now taking nominations for the 3rd Annual Sports Awards for the Winchester District. The awards, which will be held on Thursday 2nd December, recognise the commitment and excellence of individuals and teams involved in sport across the Winchester District. Nomination forms can be downloaded from the Winchester & District Sport and Physical Activity Alliance Website or alternatively you can nominate online by selecting Winchester Sports Awards from the Winchester City Council Do It Online Pages. Hard copy entry forms along with further details, can be obtained by e-mail or calling the Sport & Physical Activity Team.

Winchester District Sports Awards 2010

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Winchester City Council

WINCHESTER DISTRICT SPAA

change 4 life

Eat well Move more Live longer

current activities

Come along to some of our activities … remember every little bit you do helps to keep you fit and healthy so bring a friend and pop in to some of these sessions! Click on the titles to navigate to pages with more information on each activity!

racquets club e-mail

Were trying to get people involved in more racquet sports, if you want to try tennis, squash, badminton & table tennis come along to our new course! Sessions take place at River Park every Thursday from 9th Sept to 28th Oct (17:00 - 18:00) and cost just £8 for all 8 weeks. Under 16s Only!

netball e-mail

Netball sessions for junior players from Year 5 through to Year 13 are being set up in Winchester. Session details are as follows:-

Yrs 5&6 - Tues @ Westgate School (Sept 28) - 16:30 to 17:30 - FREE

Yrs 7-13 - Weds @ River Park Leisure Centre (Sept 8) - 16:00 to 17:00 - £3.50

street dance e-mail

Street dance sessions for young people aged 11 to 16 at Perins School, Arlesford will start again on September 20th running through to November the 8th. Sessions take place from 5 to 6pm in the Dance Studio. For more information call or e-mail us!

beginners running networks

We now have three running groups set up just for beginners that you can join now! They meet in various locations including Bishops Waltham and the Winchester Sports Stadium. Click the title for more information!

For more information on any of our activities e-mail us!

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club development

If you're involved in a sports club then this section of the newsletter is for you, with information and advice on the opportunities available to help your club grow and develop in the direction that you would like!

latest news

- Get all the latest news from Sport Hampshire - Sign up to their newsletter now!
- Showcase your club now and nominate a team or individual for the Winchester Sports Awards 2010!
- Add your club to the Sport Hampshire find a club database and promote yourselves to potential new members for free!

funding

Check out these easily accessible funding streams for clubs!

1) Community Chest Scheme
2) Return to Sport
3) Sport Unlimited

Winchester City Council is also looking for community clubs who are interested in doing some coaching work in the local community. For more information on this e-mail us!

opportunities

A ladies water polo team is being organised with sessions taking place at Winchester College Pool on Sundays at 2.00 pm for 2 hours. The next two sessions are on 15th August and 19th Sep. Cost approx £4 for a 2 hour session. For more information please e-mail

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sports facilities

If you and your club are looking for more information on Winchester City Council's sports facilities, booking a pitch or are trying to find funding options to help develop your current facilities this page is for you! e-mail for more information.

funding

Open Spaces Funding for the provision of outdoor, public recreational space including funding towards sports pitches and pavilions. This can include artificial turf pitches. e-mail for more details

Funding is also available for activities, equipment and facilities. For more information go to Winchester City Council's Funding Portal.

latest news

- Information on Winchester City Council pitches and how you can make a booking with us. Click here to book now!

- A new boxing club is opening in Winchester at the Garrison Ground, Bar End after the conversion of the old pavilion at the site. A ring once used by Henry Cooper has been installed as well as punch bags and other training equipment.

- Winchester Tennis & Squash Club to have 4 brand new indoor courts completed in Autumn 2010!

- City Council with help of Football Foundation purchase 7 new sets of senior goals for use at King George V playing fields and the Garrison Ground. To book a pitch follow this story.

- If you want more information on local facilities check out active places by following this link!

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coach development

This section provides information for our coaches. Coaches can also use the Coaching Hampshire website which has more information on coach development!

courses

These generic courses are all aimed at coaches and run on a regular basis to help you improve and continue to develop your skills. A list of a number of local courses can be found on the Sport Hampshire Website!

funding

Success!!! Eleanor Selby from Winchester City Penguins Swimming Club received a bursary award from the funding stream below ...

Sport Hampshire & IOW's Coach, Official & Volunteer Scholarship Scheme.

If you are a level 1 coach looking to get funding to become UKCC Level 2 or 3 qualified why not use the link above and apply for funding!

opportunities

Winchester City Women's Football Club are looking for a new coach who would be interested in coaching either of their two teams. Payment may be considered. For more information please e-mail Amy Cooper.

River Park Leisure Centre are looking for paid coaches to deliver sessions in:

- **Ultimate Frisbee** (Qualification Required: Leader or Level 1 Coach)
- **Gymnastics** (Qualification Required Level 1 and/or 2 General Gymnastics)
- **Street Dance Instructor**
- **Netball** (Qualification Required Level 2 Coach)

For more information e-mail Nikki LaNiece.

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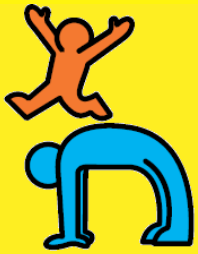
change 4 life



We support Change 4 Life! Join us and lead a healthy and active lifestyle whether it is you by yourself, you with your friends or you with your family, get involved and get active with Change 4 Life, Winchester and all of our partners!

Check out the resources on the Change 4 Life website or use the How Are The Kids website to help you make worthwhile changes!

contacts

Sports Development Officer - 01962 848 532
cpeach@winchester.gov.uk

Active Lifestyles Officer - 01962 848 725
llockhart@winchester.gov.uk

Sports Facilities Officer - 01962 848 320
dsavage@winchester.gov.uk

Sports Pitch Bookings - 01962 848 231
hebone@winchester.gov.uk

River Park Leisure Centre - 01962 848 700

Meadowside Leisure Centre - 01489 577 464

Swanmore Community College - 01489 897 896

Winchester Sports Stadium - 01962 827 007

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