winchester sport & physical activity newsletter

Welcome to the1st 2011 edition of the Winchester City Council Sport & Physical Activity Newsletter! We hope this newsletter will keep you updated on sport and physical activity opportunities within the district and provide you with up to date news and information!

latest news

- Hackney visit welcomed by St Bedes school for the Winchester 2012: Personal Bests project.
- Local sporting stars come together to celebrate achievements of 2010 at the third annual Winchester Sports Awards.
- Sport Hampshire & IOW launch Mission Possible: Lead. Coach. Play the Game!

winchester 2012 clubs

As part of Winchester City Council's plans for the London 2012 Olympic & Paralympic Games we are currently looking for clubs who would like to express an interest in becoming Winchester 2012 Clubs. These clubs will have increased access to funding for junior and adult activity programmes, opportunities to access coaching and volunteer bursaries and be involved in a number of publicity boosting projects that will potentially increase their current club memberships. Please e-mail for more information about this opportunity!

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Welcoming the World

winchester 2012

Winchester City Council

WINCHESTER DISTRICT SPAA

change 4 life

Eat well Move more Live longer

current activities

Come along to some of our activities … remember every little bit you do helps to keep you fit and healthy so bring a friend and pop in to some of these sessions! Click on the titles to navigate to pages with more information on each activity!

basketball

e-mail

Winchester Warriors Basketball Club have training sessions running regularly at Kings School, Winchester. All sessions cost £3.
U12 (Years 5-7) - Sundays -10:00 to 11:00am
U14 (Years 8-9) - Sundays - 11:00 to 12:00pm
U19 (Years 10, 11, GAP year & College) - Fridays - 6:00 to 7:00pm

inclusive activities

e-mail

River Park Leisure Centre are now offering families with young people with disabilities the opportunity to take part in sports sessions for only £1 per person. Activities take place every Sunday morning and include, trampolining (12:00pm - 12:45pm) and swimming (13:00pm to 13:45pm). Further sessions in other sports will follow soon!

half term football

More Information

Half Term Football Sessions for young people aged 7 to 16 which include fun skills, training and games will take place at Winchester Sports Stadium (2 to 4pm) and KAYAC (4:30 to 6:30pm) on February 21st, 22nd & 23rd! There is also a Thursday tournament afternoon taking place at the Winchester Sports Stadium from 2pm to 4pm for anyone involved!

For more information on any of our activities

e-mail us!

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club development

If you're involved in a sports club then this section of the newsletter is for you, with information and advice on the opportunities available to help your club grow and develop in the direction that you would like!

latest news

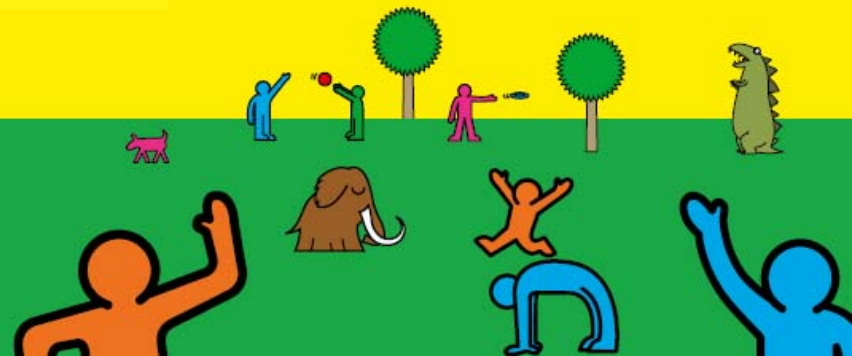
- The deadline for nominating volunteers for this year's Mayor's Awards is approaching, please e-mail to receive a form which needs to be completed and returned by the 14th February!
- Sign up as a club to the Sport Hampshire & IOW club database and promote the activities that your club currently offer!
- Congratulations to Kings Table Tennis Club who have achieved Premier Club accreditation status through the ETTA!
- Sport England's Sport Profile Tool can help clubs develop sporting opportunities in their communities.

funding

Sportsmatch funding available to clubs. Sport England Chair Richard Lewis urges grassroots sports clubs to examine how they could benefit from the Sportsmatch programme, which has been re-launched for 2011-12.

opportunities

Winchester City Council are entering the Hampshire Games in 2011 and are looking for local clubs who would be interested in delivering or being involved in sports development work in the build up to the event in June. Please e-mail for more information.



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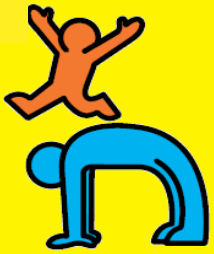
coach development

This section provides information for our coaches. Coaches can also use the Coaching Hampshire website which has more information on coach development!



funding

Sport Hampshire & IOW's Coach, Official & Volunteer Scholarship Scheme.

courses

These generic courses are all aimed at coaches and run on a regular basis to help you improve and continue to develop your skills. A list of a number of local courses can be found on the Sport Hampshire Website!

New Leadership in Running Fitness course to help create Run in England Groups to take place at Winchester Sports Stadium in April 2011.

Sport Hampshire & IOW launch their coach education month programme in March 2011 book onto some exciting new coach CPD courses!

opportunities

Winchester City Ladies FC are looking for new coaches to be involved with the club. Paid work is available after initial discussions. For more information or to apply for this post please e-mail

South Wonston Table Tennis Club are looking for volunteers and coaches to help their club sessions grow. Please e-mail David Binns to discuss opportunities!

Swan Netball Club have linked to the Netball Development Centre to create a girls team operating in Winchester from Westgate school. They are looking for volunteers and coaches to work with the club. For more information please e-mail

Sport & Physical Activity volunteer opportunities can also be found at the Volunteer Centre!

change 4 life

We support Change 4 Life! Join us and lead an active and healthy lifestyle. Get involved and get active with Change 4 Life, Winchester and all of our partners! Why not look at some of the 4life websites below to give you more ideas on how you can lead an active & healthy lifestyle!

muck in 4 life

bike 4 life

contacts

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Active Lifestyles Officer - 01962 848 725
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Sports Pitch Bookings - 01962 848 231
CSreception@winchester.gov.uk

River Park Leisure Centre - 01962 848 700

Meadowside Leisure Centre - 01489 577 464

Swanmore Community College - 01489 897 896

Winchester Sports Stadium - 01962 827 007

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